



# Prevention lasts a lifetime.

Baptist wants to remind all women that early detection is the best protection. When breast cancer is found early and confined to the breast, the 5-year relative survival rate today is 99 percent.

Get a clinical exam by a health care professional every three years between the ages of 20 and 40. After 40, or if you have certain high-risk factors, schedule an annual mammogram. If not for yourself, then for the ones who depend on you.



[baptistonline.org](http://baptistonline.org)

1-800-4BAPTIST

Get Better.